

Welcome Home!



We are the people in the U.S. Department of Veterans Affairs who welcome home war veterans with honor by providing quality readjustment services in a caring manner. Vet Centers understand and appreciate Veterans' war experiences while assisting them and their family members toward a successful post-war adjustment in or near their community.

You Served Proudly, Let Us Serve You



Alabama Vet Centers

Mobile

3221 Springhill Ave Suite C
Mobile, AL 36607
(251) 478-5906

Birmingham

1201 2nd Avenue South
Birmingham, AL 35233
(205) 212-3122

Huntsville

415 Church St Bldg H-101
Huntsville, AL 35801
(205) 276-3434

Montgomery

4405 Atlanta Highway
Montgomery, AL 36109
(334) 273-7796



Vet Center

**Readjustment
Counseling Service**



Alabama

**Mobile • Birmingham
Huntsville • Montgomery**

**www.VetCenter.va.gov
(866) 644-5371
(800) 273-TALK (8255)**

“Keeping the Promise”

Our Mission

Vet Centers serve veterans and their families by providing a continuum of quality care, which adds value for veterans, families and communities. Care includes professional readjustment counseling, community education, outreach to special populations, the brokering of services with community agencies, and providing a key access link between the veterans and other services in the U.S. Department of Veterans Affairs.

Background of Readjustment Counseling Services

The Vet Center program was established by Congress in 1979 out of recognition that a significant number of Vietnam veterans were still experiencing readjustment problems. Today, over 271 Vet Centers across the U.S., Puerto Rico, Virgin Islands and Guam serve ALL combat veterans and their families. We have evolved over the years and look forward to serving you!



Confidentiality and Privacy

The Vet Center staff respects the privacy of all veterans, and we hold in strictest confidence all information disclosed in the counseling process. No information will be communicated to any person or agency without written consent except in necessary circumstances to avert a crisis. (Privacy Act of 1974)



Servicemembers returning

from theater may experience:

- Marriage/Relationship Problems
- Nightmares or Sleeplessness
- Lack of Structure/Motivation
- Endless Questions from Family
- Guilt or Shame
- Feelings of Isolation
- Anger, Irritability, or Rage
- Alcohol or Substance Abuse
- Depression or Anxiety Attacks
- Medical Issues
- Financial Hardships

The Vet Center Can Help!



Services Provided

- Individual Readjustment Counseling
- Group Meetings & Counseling
- Military Sexual Trauma Counseling*
- Bereavement Counseling
- Marital & Family Counseling
- Employment Counseling & Guidance
- Benefits Assistance & Referral
- Substance Abuse Information and Referral
- Community Education
- Liaison with Community Agencies



Eligibility for Services

Readjustment counseling: Veterans who served in the following regions of hostilities:

World War II - Dec. 1941 to Mar. 1946
Korean War - June 1950 to July 1954
Merchant Marines - Dec. 1941 to Aug. 1945
Vietnam War - Feb. 1961 to May 1975
Lebanon - Aug. 1982 to Feb. 1984
Grenada - Oct. 1983 to Nov. 1983
Panama - Dec. 1989 to Jan. 1990
Persian Gulf - Aug. 1990 to...
Somalia - Sept. 1992 to...
Former Yugoslavia - Dec. 1995 to...
Global War on Terrorism - Sept. 2001 to...
(Operation Enduring/Iraqi Freedom)

Bereavement counseling: Family members of all armed forces personnel who died in service for our country. Also eligible are family members of Reserve and National Guard personnel who died while on active duty.

Sexual trauma counseling*: Veterans of any era who experienced sexual trauma or harassment while serving on active duty (gender neutral).